



Consecration in Truth® Evangelization Program

Family Catechesis™

Discussion Guides Set C



APOSTOLATE FOR
FAMILY
CONSECRATION®

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Consecration in Truth®

Family Catechesis

Educates adults in the truths of the faith and empowers them to lead their families in learning and living the faith. Taught by Roman Curia Cardinal Francis Arinze.



Discussion Guide 1C Worship of God (Questions 16-21)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with Q# 17 Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 16-18** (10 min.) or **Q# 19-21** (9 min.). Discuss.
- Read **Q# 16-21** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 16-21**, found at the end of **Chapter 4**.

Closing Prayer (5-10 min.)

It is important for us to develop a prayer life and families can encourage it by having a common time and place for family prayer. One of the traditional prayer methods is called Mental Prayer.

Go step-by-step through the "Ten Steps to Mental Prayer." See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 4** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Psalm 63:1

O God, thou art my God, I seek thee, my soul thirsts for thee; my flesh faints for thee, as in a dry and weary land where no water is.



Optional Family Activity

Guess My Gifts Game

This is played with two teams, an artist/scorekeeper, and a method of timing. Family members write on separate slips of paper three gifts, or talents, that they can use in God's service. Slips are handed to the artist who shuffles and picks one to illustrate. For one minute, the artist draws and both teams attempt to guess what the gift is. If someone guesses correctly, his or her team scores a point. When time is up or someone guesses, the artist chooses another slip and the process repeats. (continued on next page)



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The one designated as the artist can help little ones who can't write or who don't know their gifts to identify their gifts and write them down.

These gift ideas can be divided into specific kinds:

- Music
- Art
- Teaching
- Athletics
- Friendliness
- Helpfulness
- Leadership
- Making things

When all gifts have been illustrated, the artist can read through the slips and family members can identify which gifts he or she wrote down.



Discussion Guide 2C

The Holy Trinity (Questions 32-35)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Psalm 63:1 O God, thou art my God, I seek thee, my soul thirsts for thee; my flesh faints for thee, as in a dry and weary land where no water is.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 32-35** (10 min.). Discuss.
- Read **Q# 32-35** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 32-35**, found at the end of **Chapter 7**.

Closing Prayer (5-10 min.)

This first time, read to the family the 6-point description of how we should pray (**Q# 266**) before beginning your spontaneous closing prayer. Invite everyone who wishes, to express their petitions at this time.

End by praying the **Chapter 7** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.



Optional Family Activity

Have all write (or the little ones draw pictures) about who each of the three Divine Persons is to them. (Allow about 5 minutes)

Beginning with the Father, have each share out loud their thoughts about who He is, and then proceed to discuss the Son and the Holy Spirit.

Display pictures and show them to visitors. Have young artists explain their pictures to them.



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Discussion Guide 3C

God's Presence among Us (Questions 51-52)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 48** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

2 Corinthians 13:14 The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 51-52** (6 ½ min.). Discuss.
- Read **Q# 51-52** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 51-52**, found at the end of **Chapter 12**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer." See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 12** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Galatians 4:6-7

And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" So through God you are no longer a slave but a son, and if a son then an heir.



Optional Family Activity

God's Presence Outing

After the family has attended Mass together, take a car or walking trip and discuss how God is/was present at church, in the people, places and things you pass by.

Make sure everyone contributes to the conversation and not only mentions that God is present but explains how or why.

Include in your plans a picnic or eating out together. How is God present in your family meal together?



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Discussion Guide 4C

Our First Parents: Adam and Eve (Questions 45-47)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Galatians 4:6-7 And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" So through God you are no longer a slave but a son, and if a son then an heir.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 45-47** (8 min.). Discuss.
- Read **Q# 45-47** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 45-47**, found at the end of **Chapter 11**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express a thanksgiving prayer at this time.

End by praying the **Chapter 11** Summary Prayer.

Liturgical Calendar



Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

1 Corinthians 15:21-22

For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.



Optional Family Activity

Searching Genesis

Have everybody bring their Bibles for a reading of the account of the creation of Adam and Eve.

Pray to the Holy Spirit to enlighten you as you read. All follow along while various ones take turns reading from Genesis 1:26-2:25. Each time you read a command God gives, stop and have someone formulate it in their own words.

Thank God for creating our first parents and for sending Jesus to save us from their sin.

Go to confession this week as a family.



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Discussion Guide 5C Knowing God's Will (Questions 63-64)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Chapter 15** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

1 Corinthians 15:21-22 For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 63** (12 min.) or **Q# 64** (4 ½ min.). Discuss.
- Read **Q# 63-64** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 63-64**, found at the end of **Chapter 16**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer." See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 16** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Romans 12:2

Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.



Optional Family Activity

When you can remember only a word or phrase of a Bible verse and you want to find it in the Bible, an indispensable tool is a Bible concordance. Acquire this important reference when your family visits a local Catholic or Christian bookstore. Young's, Strong's, and Walker's Concordances are all adequate works, except for the seven missing Old Testament books. There is no Catholic version.

Practice using your new reference by asking family members for verses they would like to find in the Bible. Using key words and approximate location in the Old or New Testament, consult the concordance. Have everyone look up in their Bibles the verses referenced by the concordance.



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Discussion Guide 6C

Capital Sins and Temptation (Questions 68-71)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Romans 12:2 Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 68-69** (12 min.) or **Q# 70-71** (6 ½ min.). Discuss.
- Read **Q# 68-71** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 68-71**, found at the end of **Chapter 17 and 18**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express at this time a prayer for a friend or somebody they know who is asking for prayers.

End by praying the **Chapter 17** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

1 Corinthians 10:13

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.



Optional Family Activity

Educational Family Fun: Make a Piñata

Play the original piñata game of Mexico with the 7 Pointed Star representing the 7 Capital (or Deadly) Sins.

(Directions on next three pages.)



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Ten Steps to Make a Seven-Pointed Star Piñata

**Play the original piñata game of Mexico
with the 7 Pointed Star representing the 7 Capital (or Deadly) Sins**

You will need:

- 14 inch beach ball
- 10-inch plastic (detergent) bucket
- Old newspapers (creased and torn or cut in 1" strips)
- Papier-mâché paste (recipe below)
- Scissors
- 7 sheets of construction paper (8 ½ x 11)
- Masking tape
- Cord or heavy yarn
- 7 rolls of crepe paper of different colors and 2 black (9 total)
- Light, flexible wire
- Elmer's glue
- Broom handle or other strong stick
- Rope

Step One

Make Papier-mâché paste with following recipe:

- Combine ½ cup flour and 2 cups cold water.
- Pour into a saucepan of 2 cups boiling water. Bring again to a boil and then remove from the heat.
- Stir in 3 tablespoons of sugar.
- Pour into a disposable bowl

When cool, the paste is ready to use.

Step Two

Blow up the beach ball and place it on top of the 10-inch bowl for stability while working.

Dip the newspaper strips into the papier-mâché paste. Use your fingers like scissors, running them down the length of the strips to remove the excess paste. Thoroughly cover the ball with the one layer of overlapping strips. Allow up to 24 hours to dry.

Cover leftover papier-mâché glue so that it won't dry out. Add warm water to remoisten.



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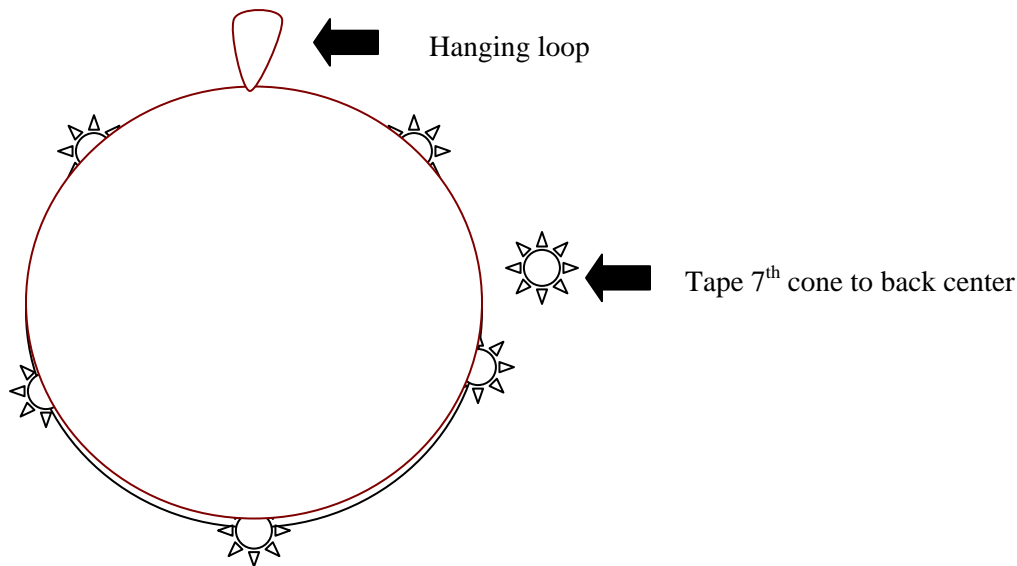
Step Three

Make the hanger and the seven points. Cut enough cord or heavy yarn to circle the ball 3 times. Double the cord. Draw it around the ball knotting it at the top. Tape it down in a few places. Knot the cord again six inches away from the top to form a hanging loop.

Make 7 cones from 7 sheets of 8½ x 11 construction paper and tape. Trim the bottoms flat so cones will stand up. Cut ½ inch slits about 1 ½ inches apart around the base of each cone. Fold the cut pieces up to make flaps around the base of the cones.

Poke a nail through the tip of each cone, ¼" from the top. Run wire through the holes. Twist the ends of the wire together at the cone's tip leaving enough excess wire to twist a second time around streamers that will be attached later. Tape around the tips of the cones and over the wire where it is attached, to form a neat point. Leave the twisted ends of the wire free.

Tape 5 of the cones to the ball by their flaps, straddling the cord as illustrated for symmetrical alignment. Tape the 6th and 7th cones to the front and back centers.



Step Four

For the second layer, cover the sphere, cord, cones and wire with the papier-mâché strips. Apply over the ball at a different angle from the first layer. Allow to dry.



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Step Five

Cover the entire piñata again with a third layer of newspaper strips, again at a different angle. Allow to dry.

Step Six

Make an opening to insert the candy and goodies, which represent the blessings that fall on us from heaven when we conquer sin.

Cut a 2-inch square door near the top leaving one side attached, forming a flap, so it can be closed.

Step Seven

Decorate the hardened, seven-pointed star with strips of crepe paper and Elmer's glue. Black is recommended for the sphere because all sin leads to death. All the other colors can represent various sins. Have family members choose which colors should represent each of the 7 capital sins – Pride, Anger, Greed, Lust, Envy, Gluttony or Avarice and Sloth.

Cut a 24" length from a roll of black crepe paper. Fold it in half lengthwise and begin cutting fringes into the double edges. Cut fringes about 1 inch apart halfway into the folded strips. Apply Elmer's glue to the smooth upper side of the strips and glue onto the sphere. Repeat the process, as you would lay shingles on a house, each row of fringes overlapping the previous row. Begin at the base of each cone to apply the colored paper strips in rows. After the glue has dried, fluff up the fringes with your hands to add texture to your piñata.

Make streamers for each cone out of several equal length thin strips of crepe paper. Gather the colored strips in the middle and fasten them to the tip of the cone by tightly twisting the wire around them.

Step Eight

When the inside of the piñata is completely dry, fill it with candy, trinkets, little gifts etc. After filling the piñata, tape the flap closed. Decorate it to match the sphere.

Step Nine

Select a spot that is safe so that the piñata doesn't swing into anyone or anything while it is being hit. Typically, piñatas are hung from a strong tree branch. If you do not have a tree available, a swing set, basket ball hoop, or clothesline "T" pole will work as well.

It is best to hang it so you are able to raise and lower the piñata while people are swinging. This "evens the playing field" for each player. Moving it each time a new player starts can also adjust for height differences.



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Step Ten

Throw a party and let guests take turns striking the piñata. Be sure to explain the significance of the seven-pointed star and how the points correspond to the 7 capital (deadly sins). Tell the kids to try and break off the points to “defeat sin”.

Pride

Anger

Greed

Lust

Envoy

Gluttony or Avarice

Sloth

To help them remember - stringing
together the first letter of each sin spells

“PAGLEGS”

Each guest must be blindfolded, spun 3 or 4 times, and then directed toward the suspended piñata. Participants get three strikes each. Kids can be given baggies to collect the treasure they retrieve. Extra treats can be reserved for those who didn’t gather much.



Discussion Guide 7C Jesus Reveals His Divinity (Questions 77-78)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 78** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

1 Corinthians 10:13 No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 77** (8 min.) or **Q# 78** (5 min.). Discuss.
- Read **Q# 77-78** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 77-78**, found at the end of **Chapter 20**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 20** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Colossians 1:15-16

He is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible... all things were created through him and for him.



Optional Family Activity

That We May Be One

Several modern church denominations do not believe Jesus is God. Among them are Jehovah's Witnesses, Christian Scientists and Mormons. The Muslim religion also denies the divinity of Christ. While we respect them, such people are in need of the truth.

Together with the family, drive past one or two of these churches. Stop nearby and pray that they come to the truth. Read and pray these verses quoted in the Family Catechism: John 1:1-4; 8:42, 55, 58; 10:40; 14:6; 17:1-3, 24; Colossians 1:14-16; Hebrews 1:3.



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Discussion Guide 8C

The Divinity of Jesus and Devotion to Mary (Questions 76, 79, 304)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Colossians 1:15-16 He is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible... all things were created through him and for him.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 76, 79, 304** (8 min.). Discuss.
- Read **Q# 76, 79, 304** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 76, 79, 304**, found at the end of **Chapter 20 and 84**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petitions at this time.

End by praying the **Chapter 84** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Revelation 12:1, 17

And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. Then the dragon was angry with the woman, and went off to make war on the rest of her offspring, on those who keep the commandments of God and bear testimony to Jesus.



Optional Family Activity

Family Meal Time and Rosary

Commit to a particular evening in the week to have a family meal time together. During the meal, parents are invited to ask their children how their day went and give an example how their actions that day showed their belief in Jesus as their God.

At the end of the meal, pray the Glorious Mysteries of the Rosary together. Download for free the Dramatized Rosary on www.familyland.org.



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Discussion Guide 1-8C Review

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Lectio Divina using the Gospel Reading (see Liturgical Calendar box and *Five Steps to Spiritual Reading* supplemental resource on Family Catechesis available on www.familyland.org). When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Discussion and Sharing on Themes of the Past Eight Weeks (40 min.)

- Worship of God (Q#16-21)
- Holy Trinity: Father, Son and Spirit (Q#32-35)
- God's Presence Among Us (Q# 51-52)
- Our First Parents: Adam and Eve (Q# 45-47)
- Knowing God's Will (Q# 63-64)
- Capital Sins and Temptation (Q# 68-71)
- Jesus Reveals His Divinity (Q# 77-78)
- The Divinity of Jesus and Devotion to Mary (Q# 76, 79, 304)

Beginning with the youngest child, ask what he knows about **worshipping God**. Then moving up in age, have each child, and finally Mom and Dad, add something to it. Repeat the process asking the youngest child what he knows about the **Holy Trinity: Father, Son and Spirit**, etc.

To guide the discussion on the key concepts covered on the themes for the past eight weeks, please refer to the corresponding questions in the *By-Heart Catechism and Scripture Review*™. (See the Apostolate's Family Catechism printed edition or FamilyCatechism.com)

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petition at this time. End by praying the **Chapter 21 Summary Prayer**.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Key Card and Review of Memory Verses Activity

At the beginning of the week, have each member of the family write on a small card (size of business card) the virtue (ex. generosity, patience etc.) that they would like to practice and offer to the Holy Family throughout the week.

To solidify memorization and to experience how God's word is "living and active," cut up copies of the verses of the past eight weeks provided on page 2. Put them in a container for each person, each evening, to draw one, read and replace.

Instruct everyone to think about their verse as God's special word to them for the next day. For little children, give them a simple phrase from their verse to repeat. For example, "Your word is truth." or "In the beginning was the Word and the Word was with God."

At the evening meal, have each person share how their "word" spoke to them in the course of that day and how they have practiced the virtue on their key card.



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Discussion Guide 1-8C Review Memory Verses

1) Psalm 63:1 O God, thou art my God, I seek thee, my soul thirsts for thee; my flesh faints for thee, as in a dry and weary land where no water is.

2) 2Corinthians 13:14 The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

3) Galatians 4:6-7 And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" So through God you are no longer a slave but a son, and if a son then an heir.

4) 1 Corinthians 15:21-22 For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.

5) Romans 12:2 Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

6) 1Corinthians 10:13 No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.

7) Colossians 1:15-16 He is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible... all things were created through him and for him.

8) Revelation 12:1, 17 And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. Then the dragon was angry with the woman, and went off to make war on the rest of her offspring, on those who keep the commandments of God and bear testimony to Jesus.

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Discussion Guide 9C

The Passion of Our Lord: The Agony on Mount Olivet (Questions 88-89)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 87** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Revelation 12:1, 17 And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. Then the dragon was angry with the woman, and went off to make war on the rest of her offspring, on those who keep the commandments of God and bear testimony to Jesus.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 88-89** (4 ½ min.). Discuss.
- Read **Q# 88-89** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 88-89**, found at the end of **Chapter 23**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org. End by praying the **Chapter 23** Summary Prayer.

Liturgical Calendar

Research this information in advance



- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

1 John 4:10

In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins.



Optional Family Activity

Reenactment of the Agony in the Garden

Read one or all of the Gospel accounts of Jesus' Agony in the Garden:

Matthew 26:36-47

Mark 14:32-43

Luke 22:39-47

Choose one of these to dramatize with family members using the Bible verses for the dialog.

Follow up by reciting and offering for sinners the First Sorrowful Mystery of the Rosary.

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Discussion Guide 10C

The Seven Last Words (Question 95)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

1 John 4:10 In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 95** (15 min.). Discuss.
- Read **Q# 95** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 95** found at the end of **Chapter 25**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petitions at this time.

End by praying the **Chapter 25** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Luke 23:34

And Jesus said, "Father, forgive them; for they know not what they do."



Optional Family Activity

In Loving Gratitude

Jesus forgave us our sins at the cross and, while feeling utter abandonment from His Father, gave us His mother to be our mother.

How can we show gratitude to such a loving God and Savior? Each family member follow Jesus' example by fulfilling one of the assignments below and after a week reporting the results at the family dinner:

- Do all work as perfectly as possible.
- List and forgive all past offences and any received during the week.
- Obey cheerfully and carefully those with authority over you.

Strive to go to confession as a family once a month. (See Examination of Conscience on Family Catechesis section of www.familyland.org)

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Discussion Guide 11C

Christ the King: Center of our Life (Questions 106-108, 111-113)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Chapter 29** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Luke 23:34 And Jesus said, "Father, forgive them; for they know not what they do."

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 106-108** (11 min.) or **Q# 111-113** (7 ½ min.). Discuss.
- Read **Q# 106-108, 111-113** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 106-108, 111-113**, found at the end of **Chapter 30**.

Closing Prayer (5-10 min.)

Go step-by-step through the Ten Steps to Mental Prayer. See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 30** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Ephesians 3:20

Now to him who by the power at work within us is able to do far more abundantly than all that we ask or think, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen .



Optional Family Activity

Call it a "Wish List"

Since it is Christ the King who is the center of our life, and who is able to do far more abundantly than we ask or think, let us think and ask BIG.

First pray for the mind of Christ. Then make a list together of each person's BIG (in Our Lord's eyes) request (just one each), e.g. convert the worse sinner, heal a marriage, cure a sick person, help you overcome a personality problem or habit that seems impossible, provide a new home where you can do ministry. Post the list on your refrigerator. Offer your Sunday Masses for these BIG requests. Watch God work!



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Discussion Guide 12C

Devotion to the Holy Spirit (Questions 122-123)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Ephesians 3:20 Now to him who by the power at work within us is able to do far more abundantly than all that we ask or think, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 122-123** (11 min). Discuss.
- Read **Q# 122-123** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 122-123** found at the end of **Chapter 33 and 34**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express a thanksgiving prayer at this time.

End by praying the **Chapter 34** Summary Prayer.

Liturgical Calendar



Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

1 Corinthians 12:4 -7

Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good.



Optional Family Activity

Holy Spirit Gift Basket

Give everyone an 8 ½ x 11 sheet of paper divided down the middle and 5 times across to make 10 squares. Provide colored markers scissors, and a basket or bowl.

Read 1 Corinthians 12:1-11, 31 and 14:1, stopping for everyone to write one gift in each square as it is mentioned. Write "Love" in the 10th box. Decorate each square appropriately. Cut out the squares and place in the basket. Take turns each day drawing these gifts from the basket and praying for this gift to be given to self and others to enable the Body of Christ - the Church - to be healthy and to flourish.

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Discussion Guide 13C

The Indwelling of the Holy Spirit in Man (Questions 129-130)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 130** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

1 Corinthians 12:4-7 Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 129-130** (5 ½ min.). Discuss.
- Read **Q# 129-130** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 129-130**, found at the end of **Chapter 37**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 37** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law.



Optional Family Activity

Holy Spirit Guide

Some who follow false religions claim they have "spirit guides" - or some say "angels" - to help them make decisions and carry on their lives. God's word tells us we each have a guardian angel and God's own Holy Spirit to guide us.

Everyone compose a prayer to the Holy Spirit asking for guidance and strength in the various areas of your life – school, friends, home life, work, etc. Place one by your bed or on your mirror, and another in your purse, wallet or assignment notebook. Pray this prayer daily and whenever needed.

Form the habit of asking and listening for the Holy Spirit's direction and help.



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Discussion Guide 14C The Cardinal Virtues (Question 136)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 136** (13 min.). Discuss.
- Read **Q# 136** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 136** found at the end of **Chapter 39**.

Closing Prayer (5-10 min.)

At this time, invite everyone who wishes, to express a prayer for a loved one, friend or anybody they know who is in need.

End by praying the **Chapter 39** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days This Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Proverbs 15:5

A fool despises his father's instruction, but he who heeds admonition is prudent.



Optional Family Activity

Family Movie Night and Key Card

Watch a video with the family about a person of prudence, justice, temperance, or fortitude (courage). Watch for incidents illustrating the particular virtue and discuss these when the movie is over.

Possibilities: (Check if age appropriate)

Charlotte Bronte's Jane Eyre (temperance)

Joseph (temperance)

Victoria and Albert (prudence)

Molokai: Story of Father Damien (fortitude)

Romero (fortitude)

Monsieur Vincent (justice)

Cut out the Virtue Key Cards found on the next page. Make as many copies as needed. Encourage each family member to pick one, read two times a day and to practice their chosen virtue as often as possible during the week. Share experiences at the end of the week.



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Virtue Key Card Bible Verses

Prudence

Proverbs 15:5
A fool despises his father's instruction,
but he who heeds admonition is
prudent.

Justice

Psalms 37:28
For the LORD loves justice; he will not
forsake his saints. The righteous shall
be preserved forever, but the children
of the wicked shall be cut off.

Temperance

1 Corinthians 9:25
Every athlete exercises self-control in
all things. They do it to receive a
perishable wreath, but we an
imperishable.

Fortitude (Courage)

Deuteronomy 31:6
Be strong and of good courage, do not
fear or be in dread of them: for it is the
LORD your God who goes with you;
he will not fail you or forsake you.



Discussion Guide 15C

The Catholic Church Belongs to Christ (Questions 145-147)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Proverbs 15:5 A fool despises his father's instruction, but he who heeds admonition is prudent.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 145-146** (6 ½ min.) or **Q# 147** (8 min.). Discuss.
- Read **Q# 145-147** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 145-147**, found at the end of **Chapter 43**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 43** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Ephesians 5:23

For the husband is the head of the wife as Christ is the head of the church, his body, and is himself its Savior.



Optional Family Activity

Modeling Headship

Go on a family hiking trip (city park, or religious shrine) planned and executed by Dad. Choose a venture that requires (1) preparation, (2) rules and (3) precautions.

Discuss the specifics of items #1-3 above with the family before and during the hike comparing them with the way in which Christ exercises headship over His Body the Church.

Allow the family to participate by asking questions, such as, "Why is Daddy holding the smallest child's hand? How is this like Jesus leading the Church?"



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Discussion Guide 16C

The Church and its Members (Questions 148-149, 155-157)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 148** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Ephesians 5:23 For the husband is the head of the wife as Christ is the head of the church, his body, and is himself its Savior.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 148-149** (14 min.) or **Q# 155-157** (6 min.). Discuss.
- Read **Q# 148-149, 155-157** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 148-149, 155-157**, found at the end of **Chapters 43 and 45**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express a thanksgiving prayer at this time.

End by praying the **Q #157** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Romans 2:6-7

For he will render to every man according to his works: to those who by patience in well-doing seek for glory and honor and immortality, he will give eternal life.



Optional Family Activity

Being a Sacrament of Christ's Presence

Make a list of ways you as a family can be a sacrament of Christ's presence in the world - such as showing hospitality to those less fortunate, or visiting the sick or elderly, or helping out a single parent. Choose and carry out one of these family activities.

Then make a list for each family member of ways to be Christ to others. Each person chooses a good deed to perform and report to the family when it is carried out.

Strive to fulfill all the activities on your lists.



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Discussion Guide 9-16C Review

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Lectio Divina, using the Gospel Reading (see Liturgical Calendar box and Family Catechesis section on www.familyland.org). When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Discussion and Sharing on Themes of the Past Eight Weeks (40 min.)

- Passion and Agony of Our Lord (Q# 88-89)
- The Seven Last Words (Q# 95)
- Christ the King (Q#106-108, 111-113)
- Devotion to the Holy Spirit (Q# 122-123)
- Indwelling of the Holy Spirit (Q# 129-130)
- The Cardinal Virtues (Q# 136)
- The Church Belongs to Christ (Q# 145-147)
- The Church and its Members (Q# 148-149, 155-157)

Beginning with the youngest child, ask what he knows about the Passion and Agony of Our Lord. Then moving up in age, have each child, and finally Mom and Dad, add something to it. Repeat the process asking the youngest child what he knows about the Seven Last Words of Christ, etc.

To guide the discussion on the key concepts covered on the themes for the past eight weeks, please refer to corresponding questions on the *By-Heart Catechism and Scripture Review*™. (See *The Apostolate's Family Catechism* or FamilyCatechism.com)

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petition at this time.

End by praying the **Chapter 45 Summary Prayer**.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Review of Memory Verses Activity

To solidify memorization and to experience how God's word is "living and active," cut up copies of the verses from the past eight weeks provided on page 2. Put them in a container. At each evening meal, every person draws one, reads and replaces.

Instruct everyone to think about their verse the following day as God's special word to them for that day. At the evening meal, have each person share how their word spoke to them in the course of the day.

For little children, give them a simple phrase from their verse to repeat throughout the day. For example, "Your word is truth." or "In the beginning was the Word and the Word was with God."



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Discussion Guide 9-16C Review

Memory Verses

9) 1 John 4:10 In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins.

10) Luke 23:34 And Jesus said, “Father, forgive them; for they know not what they do.”

11) Ephesians 3:20 Now to him who by the power at work within us is able to do far more abundantly than all that we ask or think, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

12) 1 Corinthians 12:4-7 Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good.

13) Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law.

14) Proverbs 15:5 A fool despises his father's instruction, but he who heeds admonition is prudent.

15) Ephesians 5:23 For the husband is the head of the wife as Christ is the head of the church, his body, and is himself its Savior.

16) Romans 2:6-7 For he will render to every man according to his works: to those who by patience in well-doing seek for glory and honor and immortality, he will give eternal life.



Discussion Guide 17C

Christian Unity: the Catholic Church as the Means to Salvation (Questions 166-171)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Chapter 47** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Romans 2:6-7 For he will render to every man according to his works: to those who by patience in well-doing seek for glory and honor and immortality, he will give eternal life.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 166-168** (9 min.) or **Q# 169-171** (9 min.). Discuss.
- Read **Q# 166-171** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 166-171** found at the end of **Chapter 47** and **Chapter 48**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 48** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

John 17:21

That they may all be one; even as thou, Father, art in me, and I in thee, that they also may be in us, so that the world may believe that thou hast sent me.



Optional Family Activity

Mutual Understanding

Research other Christian denominations and the Jewish faith (Reference guide on the next page).

Compare the differences in their beliefs and traditions with the beauty of our Catholic heritage, especially the Holy Eucharist. Share within the family your various thoughts and feelings, and clear up any misunderstandings your children might have.

Make a list of people you know who are not of our Catholic faith. Include those names in a family prayer service, asking God for greater unity among all people.



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This chart provides a quick reference guide to some of the differences of three major faiths. As is always true with charts and other summaries, the information is oversimplified for the sake of brevity. Therefore, it is recommended that further research be done for more concise information. The facts listed by no means represent those of all Protestant and Jewish churches within that tradition.

Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Founder	Jesus Christ	Protestant Reformation: Martin Luther, John Calvin, and others.	Abraham
Date Founded	1 st Century A.D.	16 th Century A.D.	1300 B.C.
Place Founded	Jerusalem	Europe	Mesopotamia
Adherents	1.1 billion, all professing same Faith.	380 million, products of different sects with variation of beliefs.	14 million, with conservative to liberal sects.
Apostolic Succession	The Pope is the Vicar of Christ and the successor of St. Peter in a direct line of succession. He is infallible regarding Faith and morals and ensures the purity of the 'deposit of faith' handed down to us from Christ and the Apostles. The college of Bishops succeeds the college of Apostles and the Pope is its head.	None	There is no similar continuity/succession in the Jewish faith.



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Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Qualifications for Clergy	Priests and Bishops must be male and celibate - following the example of Jesus Christ, the High Priest.	A Protestant Minister has no conditions for celibacy; either male or female permitted.	A rabbi is the Jewish religious teacher with no conditions for celibacy; some sects allow women rabbis.
Authority	The Apostles handed on the 'Sacred Deposit of Faith', which they had received from Christ, to the Church by way of Sacred Tradition and Sacred Scripture. The authentic interpretation of this 'deposit of faith' has been entrusted to the teaching office (Magisterium) of the Church alone – to the bishops in communion with the successor of St. Peter (Pope) [cf. CCC #84,85,86]	Scripture alone; Rely on Scripture alone as only infallible guide and final authority on matters of faith. Existence of an authoritative interpretation of Sacred Scripture is denied.	Nationality and religion are the same. Birth, not profession of faith, admits a person to Judaism. Many varied formulations of beliefs; no formal text was formalized as the Jewish principle of belief. Emphasis is on adherence to ritual laws with a more liberal attitude towards religious belief.



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Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Biblical Sources	<p>Holy Scripture</p> <p>It was by the apostolic Tradition that the Church discerned which writings are to be included in the list of the sacred books. This complete list is called the canon of Scripture. It includes 46 books for the Old Testament (45 if we count Jeremiah and Lamentations as one) and 27 for the New. [cf: CCC# 120]</p>	<p>Holy Scripture as found in the King James Bible</p> <p>The King James Bible excludes the following books of the Old Testament: Tobit, Baruch, Judith, Wisdom, Ecclesiasticus (Sirach), 1 Maccabees, and 2 Maccabees.</p> <p>Since the Protestant Reformation in the 16th Century, these books have been called by the Roman Catholic Church “deuterocanonical” (meaning “second” or “secondary” canonical books), because they have been held by the Church to be “inspired”, but are not found necessarily in all ancient compilations - or canons - of the Sacred Books, such as the Hebrew Bible, and thus have been disputed.</p> <p>Protestants, therefore, call these books “apocrypha”, because they are deemed “non-canonical”, meaning “non-genuine” and “non-inspired”, because these books are not in all the compilations, especially in the Hebrew Bible of the books of the Old Testament. There are some additional passages in Daniel and Esther not found in Protestant Bibles as well.)</p>	<p>The Jewish Bible, the Tanakh, contains the Torah; there are 13 Articles of Faith containing 613 <i>mitzvot</i> (commandments); and the Talmud is the Oral Torah, which explain and apply the Torah scriptures.</p> <p>It is important to note here that there is the existence and reality of 2 separate versions of the Jewish Bible: the Greek version made in Alexandria and the Hebrew version made in Palestine.</p>



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Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Salvation	<p>Result of divine grace alone; a free and unmerited gift of God to man, obtained through faith in Christ – but a “faith that <u>works</u> through love” (Gal 5:6).</p> <p>Therefore, the need for ‘works of love’ such as, prayer, good works and the reception of the sacraments, in order to remain in this ‘state of salvation’ (state of sanctifying grace) and to grow in a life of perfection, holiness and union with GOD.</p> <p>Salvation may be lost by mortal sin; regained by repentance, contrition and the Sacrament of Reconciliation.</p>	<p>Result of divine grace alone; a free and unmerited gift of God to man, obtained through faith in Christ alone; Denial of need for good works, reception of sacraments, prayer and the need of growing in holiness as a requisite for remaining in that ‘state of salvation’.</p>	<p>Belief that Jewish people have been chosen to be a Light to all nations and to have a covenant with God; therefore Jewish souls are pure at birth. Strict adherence to the law and rituals brings eternal destination to the righteous in <i>Gan Eden</i> (heaven).</p>
Purgatory	<p>A place of cleansing and preparation for heaven where temporal punishment due to sins may be expiated.</p>	<p>Rejected</p>	<p>Jewish temporary purifying place is called <i>Gehinnom</i> (hell) for a limited time of up to 12 months; the wicked either remain there permanently or are annihilated.</p>



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Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Sacraments	Seven Sacraments: Baptism, Reconciliation, Holy Eucharist, Confirmation, Marriage , Holy Orders, and Anointing of the Sick	Generally, only one Sacrament, also known as “ <i>Ordinance</i> ”: Baptism. The Catholic definition of “Sacrament” is used as the point of reference here (outward sign that gives inward grace). Holy Communion for Protestants is nothing more than a sign that signifies, but not one that gives grace.	None; stresses performance of deeds and rituals, especially the study and understanding of the Law, and keeping the commandments rather than adherence to a belief system.
Worship and Liturgy	Holy Mass is the center of worship.	Wide variety of worship styles.	Prayer Services following Jewish traditions.
Place of Worship	Roman Catholic Church	Protestant Church	Synagogue; “ <i>Temple</i> ” in Reform Judaism
Principle Day of Worship	Sunday	Sunday	Saturday
Official Language	Latin	Vernacular	Hebrew



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Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Significance of Eucharist	The true Body and Blood of Jesus Christ, who is really and substantially present under the appearances of bread and wine. Catholics believe in the divine mystery of “Transubstantiation” where the outward appearance of bread and wine remains the same, but the substance of the bread and wine is changed into the Body and Blood of Jesus at the word of consecration by the ordained priest.	Eucharist is merely a symbol of grace; True Presence of Jesus in the Eucharist is denied. The classical definition of Martin Luther was “Con-substantiation”, meaning that the substance of bread existed alongside the Body and Blood of Christ.	Denied
Mary	Christ gave Mary to us as our mother when he said from the cross “Behold your mother” (John 19:27). Eventually, Mary was declared by the Church “Mother of God” at the Council of Ephesus in 431. She is our Mother in the order of grace. She is the first and highest saint, “Ever-Virgin” who bore only the Son of God. Mary is venerated, but not worshiped.	Mary was a holy woman who was chosen to bear Jesus. Her perpetual virginity, her universal motherhood over all the believers and her intercession are denied. Mary is held to have had other children after Jesus.	Rejected; Awaiting the Messiah to enter the world.



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Aspect of Faith	Roman Catholic	Protestant (Lutheran, Methodist, Presbyterian, Baptist, etc.)	Judaism
Saints	“Saints” is a name given in the New Testament to Christians in general (see Colossians 1:2); but early on it was restricted to persons who were eminent for holiness. Thus the saints are a special group of holy people who are venerated and may act as intercessors between God and man and may be invoked in prayer.	Prayer to saints is rejected. Only Christ may mediate between God and man. All Christians are saints, called to imitate Christ.	Denied; to God alone may one offer prayer; no intermediary between man and God is permitted.
Icons and Images	Accepted	Rejected	Rejected
Evangelism	Duty and privilege of all followers to make disciples of all nations, baptizing them in the Catholic Faith.	Strongly encourages proclamation of the Good News of the Gospel.	Not obliged to share their Faith or actively convert others.



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Discussion Guide 18C

The Communion of Saints and the Forgiveness of Sins (Questions 182, 184, 188, 189)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

John 17:21 That they may all be one; even as thou, Father, art in me, and I in thee, that they also may be in us, so that the world may believe that thou hast sent me.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 182, 184, 188-189** (6 min.). Discuss.
- Read **Q# 182, 184, 188-189** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 182, 184, 188-189** found at the end of **Chapters 53 and 54**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their thanksgiving prayer at this time.

End by praying the **Chapter 53** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Hebrews 10:24-25

Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some but encouraging one another, and this all the more as you see the Day drawing near.



Optional Family Activity Bible Verse Look-up Race

Cut up all the Bible verses (provided on the next page) that are cited in Chapters **53** and **54** and place in a bowl. Dad or Mom draws a verse from the bowl. Everyone else races to find and read the verse in their Bibles. The person to find the first verse and read moves away from the group keeping rank (perhaps in chairs lined up). He or she cannot read again, but continues to look up verses along with the others. When all have read, play again until all verses have been found. (*Be sure everyone listens attentively when someone is reading the Word of God.*) Reward winners. Have an ice cream party at the end.

After the game, pray the Chaplet of Divine Mercy as a family to ask Our Lord to pour out His Precious Blood for the forgiveness of sins. For more information, please visit the Free Download section at familyland.org.



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Bible Look-up Verses		
1 Corinthians 12:26-27	Matthew 11:12	Ephesians 6:10-17
Galatians 4:26	Revelation 12:17	Revelation 19:7
Revelation 21:2	Revelation 21:9	Revelation 22:17
2 Corinthians 5:6	Ephesians 5:24-29	Colossians 3:1-4
1 Timothy 2:1	Hebrews 10:23-25	James 5:16
2 Maccabees 12:42-45	1 Thessalonians 4:13-14	Matthew 24:13
Revelation 7:13-17	Revelation 5:8	Revelation 7:9-10
Revelation 8:4	Hebrews 13:14	Hebrews 11:10
2 Corinthians 3:18	Ephesians 4:1-6	John 20:20-23
Isaiah 1:18	Isaiah 54:10	Hebrews 12:1, 22-24

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Discussion Guide 19C

The Sacraments: Actions of Christ (Questions 193-194)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 194** Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Hebrews 10:24-25 Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and this all the more as you see the Day drawing near.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 193-194** (8 min.). Discuss.
- Read **Q# 193-194** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 193-194**, found at the end of **Chapter 55**.

Closing Prayer (5-10 min.)

Go step by step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 55** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Titus 3:6

He saved us, not because of deeds done by us in righteousness, but in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit.



Optional Family Activity

Definition of Sacrament

The traditional definition of a Sacrament is hidden in the word search on the next page. Work this puzzle as a family or copy it for each to work on their own.

Have those who are too young draw a picture of Jesus conferring Baptism on them or they can color a picture about Baptism.

Sometime during the week, go to Confession as a family.



Word Search

H	E	L	L	O	B	E	Y	G	O	D
I	L	O	V	E	G	O	O	D	E	D
S	A	C	R	A	M	E	N	T	R	E
I	N	W	A	T	E	R	U	I	C	E
B	O	D	Y	O	U	T	W	A	R	D
H	I	S	S	E	I	Y	R	N	I	O
O	O	I	N	T	N	G	R	A	P	E
L	K	G	S	C	H	R	I	S	T	G
C	H	N	I	S	G	O	W	N	S	I
O	I	L	N	B	L	O	O	D	C	V
A	M	K	G	Y	B	E	L	I	V	E

A SACRAMENT IS AN OUTWARD SIGN INSTITUTED BY CHRIST TO GIVE GRACE.

Find and circle these words in the table going across, down, or diagonally up or down.

It is okay if they intersect.



Answer Key to Word Search

H	E	L	L	O	B	E	Y	G	O	D
I	L	O	V	E	G	O	O	D	E	D
S	A	C	R	A	M	E	N	T	R	E
I	N	W	A	T	E	R	U	I	C	E
B	O	D	Y	O	U	T	W	A	R	D
H	I	S	S	E	I	Y	R	N	I	O
O	O	I	N	T	N	G	R	A	P	E
L	K	G	S	C	H	R	I	S	T	G
C	H	N	I	S	G	O	W	N	S	I
O	I	L	N	B	L	O	O	D	C	V
A	M	K	G	Y	B	E	L	I	V	E

A SACRAMENT IS AN OUTWARD SIGN INSTITUTED BY CHRIST TO GIVE GRACE.

Find and circle these words in the table going across, down, or diagonally up or down.

It is okay if they intersect.

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Discussion Guide 20C

Effects of Baptism and Confirmation (Questions 202, 204)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Titus 3:6 He saved us, not because of deeds done by us in righteousness, but in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 202 & 204** (12 ½ min.). Discuss.
- Read **Q# 202 & 204** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 202 & 204** at the end of **Chapters 58 and 59.**

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petitions at this time.

End by praying the **Chapter 58** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Romans 8:15-17

But you have received the spirit of sonship. When we cry, "Abba! Father!", it is the Spirit himself bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.



Optional Family Activity

Family Inheritance

As a family, compose a list of all the good things you have already inherited from your heavenly Father through Jesus and what will be added at your death. If you possess a family Bible, insert this list in its pages.

Share with each other what it means to be a member of your family. What family characteristics will identify you as belonging to your family? Now divide the family into two groups. Within a given period of time (3 minutes) have each group list down as many answers to the question: What does it mean to be a child of God? What characteristics should you have? Discuss afterwards.



Discussion Guide 21C Indulgences (Questions 212-217)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Chapter 56 Summary Prayer**. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Romans 8:15-17 But you have received the spirit of sonship. When we cry, "Abba! Father!", it is the Spirit himself bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Discussion and Sharing on

***The Apostolate's Family Catechism* (40 min.)**

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 212-215** (4 ½ min.) or **Q# 216-217** (8 min.). Discuss.
- Read **Q# 212-215** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 212-215**, found at the end of **Chapter 61**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 61** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

2 Maccabees 12:45

But if he was looking to the splendid reward that is laid up for those who fall asleep in godliness, it was a holy and pious thought. Therefore he made atonement for the dead that they might be delivered from their sin.



Optional Family Activity

Gain Indulgences

Perhaps you have an old prayer book or missal which contains indulgenced prayers or spiritual practices. You can also search for "indulgenced prayers" on the internet. The complete list of indulgenced prayers and works are contained in a book called the "Raccolta" or the "Enchiridion" ("en-ki-RID-ee-un").

As a family, choose an indulgenced prayer or practice and carry it out for deceased loved ones or each for yourself. Remain after Sunday Mass to launch your effort. Indulge yourself!



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Discussion Guide 22C

The Eucharist Made Present (Questions 236-237, 239-240)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

2 Maccabees 12:45 But if he was looking to the splendid reward that is laid up for those who fall asleep in godliness, it was a holy and pious thought. Therefore he made atonement for the dead that they might be delivered from their sin.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 236-237, 239-240** (6 ½ min.). Discuss.
- Read **Q# 236-237, 239-240** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 236-237, 239-240**, at the end of **Chapters 66 and 67**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express a prayer for a friend or acquaintance in need at this time.

End by praying the **Chapter 67** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Hebrews 7:24-25

But he holds his priesthood permanently, because he continues for ever. Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.



Family Activity

Experience and Learn

Experience the intimacy of Mass offered at a care center, hospital, convent or monastery near you; or accompany and pray with someone who brings Holy Communion to shut-ins.

Visit Our Lord present in the Blessed Sacrament and pray the Luminous Mysteries of the Rosary as a family sometime during the week. Thursdays would be an ideal day as this is the day dedicated by the Church for us to reflect on the Holy Eucharist.

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Discussion Guide 23C

The Sacrifice of the Mass (Questions 241-246)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 244 Summary Prayer**. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Hebrews 7:24-25 But he holds his priesthood permanently, because he continues for ever. Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)
(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 241-243** (5 min.) or **Q# 244** (8½ min.), or **Q# 245-246** (5½ min.). Discuss.
- Read **Q# 241-243** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 241-243**, found at the end of **Chapter 68**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or supplemental resources on Family Catechesis at www.familyland.org.

End by praying the **Chapter 68** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

1 Corinthians 11:26

For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.



Optional Family Activity

Inspire your Pastor

Ask your pastor to offer a special Mass for families of your parish to explain the Mass and the resources used in the Mass as it is being said. Or you may want to go through the religious education program to get this effort underway.

Offer as a family to serve in any capacity to promote this event.

Alternatively, invite a priest to say a Mass in your home for this purpose. You can invite retired priests or priests in religious orders as they would be more available.



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Discussion Guide 24C

The Real Presence (Questions 258-261)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

1 Corinthians 11:26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 258-260**, (7 ½ min.) or **#Q 261** (6 ½ min.). Discuss.
- Read **Q# 258-261** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 258-261** at the end of **Chapter 72**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petitions at this time.

End by praying the **Q #259** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Matthew 28:20

Teach them to observe all that I have commanded you; and lo, I am with you always, to the close of the age.



Optional Family Activity

Emmanuel (God with Us)

In different but related ways God chose to be present to the Israelites, then to the apostles and now to the Church. Get three sheets of paper. Write at the top of the first: **Presence to the Israelites**, the second: **Presence to the Apostles**, and the third: **Presence in the Church**. Lay them side by side. Cut out and distribute the squares (next three pages) that refer to God's presence for the different periods of salvation history. Place squares on the paper titled for the proper time period. Then arrange the squares across from the related or similar manifestation of God's Presence in the other time periods. (Some will not correspond exactly. See Key)



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Slaughter of the Pascal Lamb
And Smearing its Blood on the
Doorposts

Pillar of Cloud by Night
Pillar of Fire by Day

Holy Communion

Preaching the Gospel
(Good News)



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Jesus' Death on the Cross

Eucharist Reserved in the Tabernacles of our Churches

The Law and the Prophets (Old Testament)

Last Supper



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Jesus' Resurrection

The Bible (Old and New Testament)

Consecration of the Bread and Wine, Breaking of the Bread

Passover Meal



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Answer Key

Presence to Israelites

Slaughter of Pascal Lamb

Law and Prophets (Old Testament)

Pillar of Cloud by Night
Pillar of Fire by Day

Presence to the Apostles

Death on the Cross

Last Supper

Preaching the Gospel
(Good News)

Resurrection

Presence in the Church

Consecration of the Bread
and Wine, Breaking of
the Bread

Holy Communion

The Bible (Old and New
Testament)

Eucharist Reserved in
Tabernacles of our
Churches



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Discussion Guide 17-24C Review

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Lectio Divina, using the Gospel Reading (see Liturgical Calendar box and Family Catechesis section on www.familyland.org). When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Discussion and Sharing on Themes of the Past Eight Weeks (40 min.)

- Christian Unity: the Catholic Church as the Means to Salvation (Q# 166-171)
- Communion of Saints and Forgiveness of Sins (Q# 182,184,188-189)
- Sacraments: Actions of Christ (Q# 193-194)
- Effects of Baptism and Confirmation (Q# 202 & 204)
- Indulgences (Q# 212-217)
- The Eucharist Made Present (Q# 236-237, 239-240)
- The Sacrifice of the Mass (Q# 241-246)
- The Real Presence (Q# 258-261)

Beginning with the youngest child, ask what he knows about "Christian unity". Then moving up in age, have each child, and finally Mom and Dad, add something to it. Repeat the process asking the youngest child what he knows about the "Communion of Saints and the Forgiveness of Sins", etc.

To guide the discussion on the key concepts covered on the themes for the past eight weeks, please refer to corresponding questions on the *By-Heart Catechism and Scripture Review*™. (See *The Apostolate's Family Catechism* or FamilyCatechism.com)

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petition at this time. End by praying the **Chapter 72 Summary Prayer**.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Review of Memory Verses Activity

To solidify memorization and to experience how God's word is "living and active," cut up copies of the verses from the past eight weeks provided on page 2. Put them in a container. At each evening meal, every person draws one, reads and replaces.

Instruct everyone to think about their verse the following day as God's special word to them for that day. At the evening meal, have each person share how their word spoke to them in the course of the day.

For little children, give them a simple phrase from their verse to repeat throughout the next day. For example, "Your Word is Truth." or "In the beginning was the Word and the Word was with God."



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Discussion Guide 17-24C Review

Memory Verses

17) John 17:21 That they may all be one; even as thou, Father, art in me, and I in thee, that they also may be in us, so that the world may believe that thou hast sent me.

18) Hebrews 10:24-25 Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some but encouraging one another, and this all the more as you see the Day drawing near.

19) Titus 3:6 He saved us, not because of deeds done by us in righteousness, but in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit.

20) Romans 8:15-17 But you have received the spirit of sonship. When we cry, "Abba! Father!" it is the Spirit himself bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

21) 2 Maccabees 12:45 But if he was looking to the splendid reward that is laid up for those who fall asleep in godliness, it was a holy and pious thought. Therefore he made atonement for the dead, that they might be delivered from their sin.

22) Hebrews 7:24-25 But he holds his priesthood permanently, because he continues for ever. Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.

23) 1 Corinthians 11:26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

24) Matthew 28:20 Teach them to observe all that I have commanded you; and lo, I am with you always, to the close of the age.



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Discussion Guide 25C

Another Christ, In Union with Christ (Questions 221 & 225)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 221 Summary Prayer**. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Matthew 28:20 Teach them to observe all that I have commanded you; and lo, I am with you always, to the close of the age.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 221 & 225** (12 ½ min.). Discuss.
- Read **Q# 221 & 225** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 221 & 225**, found at the end of **Chapter 62 and Chapter 63**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 62** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Hebrews 5:1

Every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins.



Optional Family Activity

Offering Up

Since as Catholic Christians we are a "chosen race, a royal priesthood, a holy nation," (1 Peter 2:9) we have the duty and privilege of offering sacrifices for sin and to bring God's blessing to others. Plus, making the choice to offer up something when things are going well makes it easier for us to offer up hardships, sicknesses and trials when those life events come up.

Dad or Mom, record as every member of the family commits to offer up a difficulty or suffering for a particular blessing/intention:

Name:

What is being offered:

The special intention:

Schedule a discussion of the results after a week at a family meal.



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Discussion Guide 26C

The Sacrament of Matrimony and the Family (Questions 233-235)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Hebrews 5:1 Every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 233-235** (4 ½ min.). Discuss.
- Read **Q# 233-235** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 233-235**, at the end of **Chapter 65**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petitions at this time.

End by praying the **Chapter 65** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Ephesians 6:1-3

Children, obey your parents in the Lord, for this is right. "Honor your father and mother" (this is the first commandment with a promise), "that it may be well with you and that you may live long on the earth."



Optional Family Activity

The "First" Commandment

Let your children open their Bibles to Genesis, Chapter One. When you say, "Go," they are to find the very first commandment God gave to mankind that is recorded in the Bible. Take this opportunity to explain to the children:

- Sacredness of all human life since it is a child of God and a response to the Lord's command to bear fruit.
- Marriage is between a man and a woman only because only their love can bring forth new human life.

Answer to
First Commandment

Be fruitful and multiply
Genesis 1:28

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Discussion Guide 27C

What Prayer Is (Questions 262-265)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 262 Summary Prayer**. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Ephesians 6:1-3 Children, obey your parents in the Lord, for this is right. "Honor your father and mother" (this is the first commandment with a promise), "that it may be well with you and that you may live long on the earth."

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)
(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 262-265** (10 min.). Discuss.
- Read **Q# 262-265** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 262-265**, found at the end of **Chapter 73**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis section at www.familyland.org.

End by praying the **Chapter 73** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

1 Timothy 2:1-2

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way.



Optional Family Activity

Bible Verse Look-up Race

Cut up all the Bible verses (provided on the next page) that are cited in Chapter 73 and place in a bowl. Dad or Mom draws a verse from the bowl. Everyone else races to find and read the verse in their Bibles. The person to find the first verse and read moves away from the group keeping rank (perhaps in chairs lined up). He or she cannot read again, but continues to look up verses along with the others. When all have read, play again until all verses have been found. (*Be sure everyone listens attentively when someone is reading the Word of God.*) Reward winners.

For the week, each member chooses one form of prayer: **Thanks, Adoration, Repentance, and Petition** to practice throughout each day. Share results.



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Bible Look-up Verses		
James 5:16	1 Peter 3:11-12	Matthew 6:6
1 Thessalonians 5:17	2 Corinthians 4:10-11	Matthew 18:19-20
Luke 2:51	Matthew 6:9-10	Psalm 25:1
Romans 8:26	Psalm 145:5	1 Corinthians 14:15
John 16:23	Matthew 7:7	Matthew 26:41
Luke 21:36	Hebrews 4:16	Revelation 8:4
Acts 2:42-47	Romans 12:1	1 Peter 3:15
Psalm 9:1-2	Psalm 19:164	Ephesians 5:18-20
2 Maccabees 12:44-45	1 Timothy 2:1-2	Psalm 1:1-3



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Discussion Guide 28C

Forming the Right Conscience (Questions 274-275)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

1 Timothy 2:1-2 First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 274-275** (12 min). Discuss.
- Read **Q# 274-275** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 274-275**, at the end of **Chapter 76**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their thanksgiving prayer at this time.

End by praying the **Chapter 76** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Galatians 6:8

For he who sows to his own flesh will from the flesh reap corruption; but he who sows to the Spirit will from the Spirit reap eternal life.



Optional Family Activity

Five Precepts of the Church

Find these listed in point #5 of **Q#281**, or on the Appendix: Basic Prayers and Teachings of *The Apostolate's Family Catechism*. (4th Edition, Volume 2)

Discuss why each precept is valuable and important for Catholic Christians to carry out. Ask each family member to recall instances when they were not able to observe any of the precepts.

Go to confession this week as a family using the Five Precepts of the Church as an additional examination of conscience reference.



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Discussion Guide 29C

Consecrated Vocation (Question 280)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Galatians 6:8 For he who sows to his own flesh will from the flesh reap corruption; but he who sows to the Spirit will from the Spirit reap eternal life.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 280** (7 min.). Discuss.
- Read **Q# 280** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 280**, found at the end of **Chapter 77**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 77** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Matthew 19:29

And every one who has left houses or brothers or sisters or father or mother or children or lands, for my name's sake, will receive a hundredfold, and inherit eternal life.



Optional Family Activity

Special Dinner Guest

Invite a consecrated single, religious or priest, to your home for a meal and afterward to share the story of their vocation.

You might ask the following questions:

- When did you know God was calling you to this way of life?
- Did you struggle to respond?
- How did you choose this particular order, community, etc.?
- How did your family feel about your decision?
- What ministries do you do?
- What are the rewards?



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Discussion Guide 30C

Our Duties towards our Neighbor (Questions 284-285)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Matthew 19:29 And every one who has left houses or brothers or sisters or father or mother or children or lands, for my name's sake, will receive a hundredfold, and inherit eternal life.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 284-285** (3 min). Discuss.
- Read **Q# 284-285** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 284-285**, at the end of **Chapter 79**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their prayer for a friend or someone they know who is need at this time.

End by praying the **Chapter 79** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

Matthew 5:7-10

Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God.

(Or learn all 8 Beatitudes - next page)



Optional Family Activity

The Full Tithe into the Storehouse

In Malachi 3:10, God asks for our tithes to carry on His work. Evangelization and care of the poor are included. Now is a good time for all in the family to make a plan for giving 10% of their earnings to God.

Peace Begins at Home

Become peacemakers by giving up arguing and defending at home (sometimes a defense is necessary, but usually not). Offer these sufferings to God. Children can share results privately with Mom or Dad after one week of this effort.



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The Eight Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called sons of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.



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Discussion Guide 31C

Our Duties towards Self (Question 289)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with **Q# 289 Summary Prayer**. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Matthew 5:7-10 Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 289** (7 min.). Discuss.
- Read **Q# 289** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 289**, found at the end of **Chapter 80**.

Closing Prayer (5-10 min.)

Go step-by-step through the "Ten Steps to Mental Prayer". See Appendix of *Apostolate's Family Catechism* or Family Catechesis at www.familyland.org.

End by praying the **Chapter 80** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

Matthew 16:26

For what will it profit a man, if he gains the whole world and forfeits his life?



Optional Family Activity

Practicing Virtue

- Goodness
- Humility
- Patience with self
- Living simply
- Purity in thought, words and actions
- Diligence/hard-work (Don't be lazy)
- Contentment with things I have (Don't envy)
- Moderation/self-control in food, alcohol, drugs

Ask each family member to choose one of these virtues to work on and write them on a small card to carry along as a reminder. Children are to report their choice to Mom and Dad. Mom and Dad are to report their choice to each other. At the end of the week, each child can share with Mom and Dad how their chosen virtue. Mom and Dad can share their progress with each other. Reward everyone with a simple treat.



Discussion Guide 32C The Last Judgment (Questions 299-301)

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Read the upcoming Sunday's Gospel (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (2-5 min.)

Matthew 16:26 For what will it profit a man, if he gains the whole world and forfeits his life?

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

(Refer to www.FamilyCatechism.com or printed edition)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 299-301** (9 ½ min.). Discuss.
- Read **Q# 299-301** aloud and discuss the answers. Point out the illustrations and diagrams and allow different people to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to **Q# 299-301** at the end of **Chapter 83**.

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their thanksgiving prayer at this time.

End by praying the **Q #299** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Scripture Memory Verse

Look up in personal Bible, copy, and memorize

2 Corinthians 5:10

For we must all appear before the judgment seat of Christ, so that each one may receive good or evil, according to what he has done in the body.



Optional Family Activity

Bible Verse Look-up Race

So much is written in the Bible about the final judgment, but so little thought is given to it in our present culture.

Cut up all the Bible verses (provided on the next page) and place them in a bowl. Dad or Mom draws a verse from the bowl. Everyone else races to find and read the verse in their Bibles. The person to find the first verse and read moves away from the group keeping rank (perhaps in chairs lined up). He or she cannot read again, but continues to look up verses along with the others. When everyone has read, play again until all verses have been found. (*Be sure everyone listens attentively when someone is reading the Word of God.*) Reward winners.



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Bible Look-up Verses		
Matthew 25:31-33	Revelation 20:11-12	2 Corinthians 5:10
John 5:29	John 5:22-23	Romans 6:22-23
Romans 2:6-7	1 Corinthians 2:9	Matthew 25:34
1 Corinthians 15:24	1 Corinthians 15:28	2 Corinthians 4:17
Colossians 3:1-4	Philippians 2:12	2 Peter 2:9
2 Peter 3:7	1 John 4:17	Judith 16:17
Jude 1:6	1 John 4:17	Matthew 12:36



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Discussion Guide 25-32C Review

The Apostolate's Family Catechism™

Opening Prayer (10 min.)

Lectio Divina, using the Gospel Reading (see Liturgical Calendar box and Family Catechesis section on www.familyland.org). When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Discussion and Sharing on Themes of the Past Eight Weeks (40 min.)

- Another Christ, in Union with Christ (Q# 221 & 225)
- The Sacrament of Matrimony and the Family (Q# 233-235)
- What Prayer Is (Q# 262-265)
- Forming the Right Conscience (Q# 274-275)
- Consecrated Vocation (Q# 280)
- Our Duties Towards our Neighbor (Q# 284-285)
- Our Duties Towards Self (Q# 289)
- The Last Judgment (Q# 299-301)

Beginning with the youngest child, ask what he knows about “the Priest as another Christ”. Then moving up in age, have each child, and finally Mom and Dad, add something to it. Repeat the process asking the youngest child what he knows about the “Sacrament of Matrimony”, etc.

To guide the discussion on the key concepts covered on the themes for the past eight weeks, please refer to corresponding questions on the *By-Heart Catechism and Scripture Review™*. (See *The Apostolate's Family Catechism* or FamilyCatechism.com)

Closing Prayer (5-10 min.)

Invite everyone who wishes, to express their petition at this time.

End by praying the **Chapter 83** Summary Prayer.



Liturgical Calendar

Research this information in advance

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days this Week:**



Year-End Activity Family Consecration

Congratulations! Your family has finished another year of catechesis together. We hope that this program has deepened your knowledge of our Faith and has drawn you to a greater love for Our Lord, Our Lady, and the saints. We also hope that it has brought you closer to one another.

As a year-end activity, we encourage your family to consecrate yourselves to Jesus through Mary in union with St. Joseph:

- (1) Ask your pastor to enroll each member of your family in the Brown Scapular and the Miraculous Medal. For more information on these sacramentals, please go to the “Free Downloads” section at familyland.org.
- (2) Strive to pray the Rosary daily as a family. Even one decade will be a source of grace.
- (3) Go to confession at least monthly as a family.
- (4) Please do not forget to attend Sunday Mass and holy days of obligation.
- (5) Go through the 40-day preparation for Total Consecration. Parents can do the readings on their own and summarize for the children. The children can join the parents for the recommended prayers. For more information, please visit Step 3 of the Consecration to the Holy Family section at familyland.org.

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Memory Verses, Year C

1) Psalm 63:1 O God, thou art my God, I seek thee, my soul thirsts for thee; my flesh faints for thee, as in a dry and weary land where no water is.

2) 2 Corinthians 13:14 The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

3) Galatians 4:6-7 And because you are sons, God has sent the Spirit of his Son into our hearts, crying, “Abba! Father!” So through God you are no longer a slave but a son, and if a son then an heir.

4) 1 Corinthians 15:21-22 For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.

5) Romans 12:2 Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

6) 1 Corinthians 10:13 No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.

7) Colossians 1:15-16 He is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible... all things were created through him and for him.

8) Revelation 12:1, 17 And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. Then the dragon was angry with the woman, and went off to make war on the rest of her offspring, on those who keep the commandments of God and bear testimony to Jesus.

9) 1 John 4:10 In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins.

10) Luke 23:34 And Jesus said, “Father, forgive them; for they know not what they do.”

11) Ephesians 3:20 Now to him who by the power at work within us is able to do far more abundantly than all that we ask or think, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

12) 1 Corinthians 12:4-7 Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good.

13) Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law.

14) Proverbs 15:5 A fool despises his father's instruction, but he who heeds admonition is prudent.

15) Ephesians 5:23 For the husband is the head of the wife as Christ is the head of the church, his body, and is himself its Savior.

16) Romans 2:6-7 For he will render to every man according to his works: to those who by patience in well-doing seek for glory and honor and immortality, he will give eternal life.

17) John 17:21 That they may all be one; even as thou, Father, art in me, and I in thee, that they also may be in us, so that the world may believe that thou hast sent me.

18) Hebrews 10:24-25 Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some but encouraging one another, and this all the more as you see the Day drawing near.

19) Titus 3:6 He saved us, not because of deeds done by us in righteousness, but in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit.

20) Romans 8:15-17 But you have received the spirit of sonship. When we cry, "Abba! Father!" it is the Spirit himself bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and fellow heirs with Christ, **provided we suffer with him in order that we may also be glorified with him.**

21) 2 Maccabees 12:45 But if he was looking to the splendid reward that is laid up for those who fall asleep in godliness, it was a holy and pious thought. Therefore he made atonement for the dead, that they might be delivered from their sin.

22) Hebrews 7:24-25 But he holds his priesthood permanently, because he continues for ever. Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.

23) 1 Corinthians 11:26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

24) Matthew 28:20 Teach them to observe all that I have commanded you; and lo, I am with you always, to the close of the age.

25) Hebrews 5:1 Every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins.

26) Ephesians 6:1-3 Children, obey your parents in the Lord, for this is right. "Honor your father and mother" (this is the first commandment with a promise), "that it may be well with you and that you may live long on the earth."

27) 1 Timothy 2:1-2 First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way.

28) Galatians 6:8 For he who sows to his own flesh will from the flesh reap corruption; but he who sows to the Spirit will from the Spirit reap eternal life.

29) Matthew 19:29 And every one who has left houses or brothers or sisters or father or mother or children or lands, for my name's sake, will receive a hundredfold, and inherit eternal life.

30) Matthew 5:7-10 Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God.

31) Matthew 16:26 For what will it profit a man, if he gains the whole world and forfeits his life?

32) 2 Corinthians 5:10 For we must all appear before the judgment seat of Christ, so that each one may receive good or evil, according to what he has done in the body.